


# Monthly Event Calendar



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Activities for January 2023 (205 Plantation Dr.)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1. <u>Sunday Morning Shows:</u> Tubi- 'The Masked Singer.' (10:00-11:00am)  Hot Cocoa Sunday Social. (2:00-4:00pm)	2. Spa Day. (10:00-11:00am)  Movie Monday: Tubi- 'Yours, Mine, and Our's.' (2:00-4:00pm)	3. Winter Hat Gnome Craft. (10:00-11:00am)  Sit and Fit. (2:00-4:00pm)	4. <b>Music Therapy:</b> Youtube- 'Vintage New Year's Eve Music.' (10:00-11:00am)  <b>Word Game Wednesday:</b> 'Snowstorm' Word Finder. (2:00-4:00pm)	5. <b>'UnDECKing' the Halls</b> (10:00am-12:00pm)  	6. <b>Who's Got Game?</b> Game Shows. Tubi- '25 Words or Less.' (10:00-11:00am)  Dominoes. (2:00-4:00pm)	7. Coffee and Conversation. (10:00-11:00am)  <b>Documentary Day:</b> Youtube-'ELVIS: The Rebirth Of The King (2017 BBC Documentary.)' (2:00-4:00pm)

<p>8. <i>Elvis Presley's Birthday</i>  <u>Sunday Morning Shows:</u>          Youtube- 'Elvis: Return to Tupelo.'          (10:00-11:00am)</p> <p>Read the Paper.          (2:00-4:00pm)</p>	<p>9. Adult Coloring Club: 'Elvis Presley' Themed.          (10:00-11:00am)</p> <p>Movie Monday: Youtube- 'Elvis Presley- Loving You. 1957 Full Length Movie.'          (2:00-4:00pm)</p>	<p>10. <b>Elvis Memorial:</b>  <b>Peanut Butter and Banana Milkshakes.</b>          (10:00-11:00am)</p> <p>Elvis Scavenger Hunt and <i>Trivia</i>.          (2:00-4:00pm)</p>	<p>11. <b>Music Therapy:</b>          Youtube- 'Elvis Presley Greatest Hits Full Album - The Best Of Elvis Presley Songs.'          (10:00-11:00am)</p> <p><b>Word Game Wednesday:</b>          'Elvis Presley' Word Search.          (2:00-4:00pm)</p>	<p>12. <b>Food Drive Box Decorating.</b>          (10:00-11:00am)</p> <p>Chair Yoga Exercises.          (2:00-4:00pm)</p>	<p>13. <b>Who's Got Game?</b>          Game Shows.          Tubi- '<i>Hollywood Game Night</i>.'          (10:00-11:00am)</p> <p>Jenga!          (2:00-4:00pm)</p>	<p>14. Morning Meditation:          Youtube- 'Daily Calm   10 Minute Mindfulness Meditation   Impermanence.'          (10:00-11:00am)</p> <p>Browse Magazines.          (2:00-4:00pm)</p>
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<p>15. <u>Sunday Morning Shows:</u> Tubi- 'Deal or No Deal.' (10:00-11:00am)</p> <p>Read the Paper. (2:00-4:00pm)</p>	<p>16. <b>MARTIN LUTHER KING DAY</b> <b>MLK MEMORIAL:</b> Youtube- 'I Have a Dream speech by Martin Luther King .Jr HD.' (10:00-11:00am)</p> <p>Movie Monday: Youtube- 'Martin Luther King- The Fight for Civil Rights Documentary.' (2:00-4:00pm)</p>  <p>Beginning of Food Drive to Benefit the North Texas Food Bank.</p>	<p>17. <b>Lanterns for Chinese New Year.</b> (10:00-11:00am)</p>  <p>My Bonnie Chair Exercise Fun. (2:00-4:00pm)</p>	<p>18. <b>Music Therapy:</b> Youtube- 'Songs of Freedom- Songs of Protest' Playlist. (10:00-11:00am)</p> <p><b>Word Game Wednesday:</b> 'Martin Luther King JR' Crossword. (2:00-4:00pm)</p>	<p>19. <b>Tie Dye Book Marks.</b> (10:00-11:00am)</p> <p>Matching Card Game. (2:00-4:00pm)</p>	<p>20. <b>Who's Got Game?</b> Game Shows. Tubi- 'Mental Samurai.' (10:00-11:00am)</p> <p>Bingo. (2:00-4:00pm)</p>	<p>21. Morning News: Tubi Live- 'CBC News.' (10:00-11:00am)</p> <p><b>Documentary Day:</b> Tubi- 'Confessions of a Time Traveler: The Man from 3036.' (2:00-4:00pm)</p>
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<p>22. <u>Sunday Morning Shows:</u> Tubi- 'Million Dollar Money Drop.' (10:00-11:00am)</p> <p>Chinese Zodiac Memory Game. (2:00-4:00pm)</p> <p><b>Chinese New Year</b></p>	<p>23. Adult Coloring Club: 'Chinese New Year' Themed. (10:00-11:00am)</p> <p>Movie Monday: Tubi- 'Flipper.' (2:00-4:00pm)</p>	<p>24. <b>Air Dry Clay.</b> <b>(10:00-11:00am)</b></p> <p>Loop Board Exploration. (2:00-4:00pm)</p>	<p>25. <b>Music Therapy:</b> Youtube- 'The Best of Mozart.' (10:00-11:00am)</p> <p><b>Word Game Wednesday:</b> 'Chinese New Year' Word Finder. (2:00-4:00pm)</p>	<p>26. <b>Aquarium Activity.</b> <b>(10:00-11:00am)</b></p> <p>Exercises for Seniors. (2:00-4:00pm)</p>	<p>27. <i>Mozart's Birthday</i> Classical Composers Quiz. (10:00-11:00am)</p> <p><i>Documentary:</i> Youtube- 'Amadeus Mozart Documentary.' (2:00-4:00pm)</p>	<p>28. Morning Meditation: Youtube- 'Daily Calm   10 Minute Mindfulness Meditation   Impermanence.' (10:00-11:00am)</p> <p>Puzzle Time. (2:00-4:00pm)</p>
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<p>29. <u>Sunday Morning Shows:</u>  Tubi- 'Fear Factor.'  (10:00-11:00am)</p> <p>Read the Paper.  (2:00-4:00pm)</p>	<p>30. Baking Club.  (10:00-11:00am)</p> <p>Movie Monday:  Tubi- 'The Healer.'  (2:00-4:00pm)</p> <p>End of Food Drive  to Benefit the  North Texas Food  Bank.</p>	<p>31. Sensory Rain  Sticks.  (10:00-11:00am)</p> <p>Ball Toss with  Staff.  (2:00-4:00pm)</p>				
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# NEWSLETTER

January

QUOTE OF THE MONTH:	FUN FACT:
<p><b>'CELEBRATE ENDINGS- FOR THEY PRECEDE NEW BEGINNINGS.'</b> <b>-JONATHAN LOCKWOOD HUE</b></p>	<p><b>JANUARY IS KNOWN TO BE THE COLDEST MONTH IN THE NORTHERN HEMISPHERE AND THE WARMEST IN THE SOUTHERN HEMISPHERE.</b></p>

