

Monthly Event Calendar






Shelby York
Activities Coordinator
shelby@4seasonsseniorliving.com




Activities for October 2022 (205 Plantation Dr.)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1. Coffee and Crosswords. (10:00-11:00am) Browse Magazines. (2:00-4:00pm)

<p>2. <u>Sunday Morning Shows:</u> Tubi- 'Cash Cab.' (10:00-11:00am)</p> <p>Read the Paper. (2:00-4:00pm)</p>	<p>3. Jigsaw Puzzle! (10:00-11:00am)</p> <p>Movie Monday: Youtube- 'Scary Godmother: Halloween Spooktacular.' (2:00-4:00pm)</p>	<p>4. Paint Splat Witches Cauldron. (10:00-11:00am)</p> <p>Chair Yoga Exercises. (2:00-4:00pm)</p>	<p>5. Word Game Wednesday: 'Chocolate' Word Search. (10:00-11:00am)</p> <p>Music Therapy: Youtube- 'Helen Forrest.' (10:00-11:00am)</p>	<p>6. Bowling. (10:00-11:00am)</p> <p>Ball Toss with Staff. (2:00-4:00pm)</p>	<p>7. Halloween Movie Night 5:30pm</p> 	<p>8. Morning on the Porch. (10:00-11:00am)</p> <p>Matching Card Game. (2:00-4:00pm)</p>
<p>9. <u>Sunday Morning Shows:</u> Tubi- 'Deal or no Deal.' (10:00-11:00am)</p> <p>Read the Paper. (2:00-4:00pm)</p>	<p>10. Columbus Day World Explorers Word Search. (10:00-11:00am)</p> <p>Movie Monday: Tubi- 'Secrets and Mysteries of Christopher Columbus.' (2:00-4:00pm)</p> 	<p>11. Halloween Table Centerpieces. (10:00-11:00am)</p> <p>Balloon Volleyball. (2:00-4:00pm)</p>	<p>12. Word Game Wednesday: 'Halloween' Word Game. (10:00-11:00am)</p> <p>Music Therapy: Youtube- 'Dick Haymes.' (2:00-4:00pm)</p>	<p>13. Loop Board Exploration. (10:00-11:00am)</p> <p>Exercises for Seniors. (2:00-4:00pm)</p>	<p>14. Spa Day (1:00-3:00pm)</p> 	<p>15. Coffee and Conversation. (10:00-11:00am)</p> <p>Walking Group. (2:00-4:00pm)</p>



<p>16. <u>Sunday Morning Shows:</u> Tubi- 'You Bet Your Life.' (10:00-11:00am) Read the Paper. (2:00-4:00pm)</p>	<p>17. Talk Show Tv. (10:00-11:00am) Movie Monday: Youtube- 'Casper: A Spirited Beginning (1997) Full Movie.' (2:00-4:00pm)</p>	<p>18. Frankenstein Craft. (10:00-11:00am) Gentle Stretches. (2:00-4:00pm)</p>	<p>19. Word Game Wednesday: 'Words that Start with O' Word Finder. (10:00-11:00am) Music Therapy: Youtube- 'Soft Piano Music for Music Therapy Session. Music Therapy for Dementia Patients. Calming Piano Music.' (2:00-4:00pm)</p>	<p>20. Sensory Group: Play Doh. (10:00-11:00am) Move with Music. (2:00-4:00pm)</p>	<p>21. Who's Got Game? Game Shows. Youtube- 'Common Knowledge.' (10:00-11:00am) Red or Black: Card Game. (2:00-4:00pm)</p> 	<p>22. Morning News. (10:00-11:00am) Afternoon Snack Social. (2:00-4:00pm)</p>
---	--	--	--	--	--	---



<p>23. <u>Sunday Morning Shows:</u> Tubi- 'Wipeout.' (10:00-11:00am)</p> <p>Read the Paper. (2:00-4:00pm)</p>	<p>24. Adult Coloring Club. (10:00-11:00am)</p> <p>Movie Monday: Tubi- 'Casper and Wendy.' (2:00-4:00pm)</p>	<p>25. Yarn Pumpkins. (10:00-11:00am)</p> <p><u>Youtube Exercise:</u> '20 Min Exercise for Seniors, Elderly, & Older People - Seated Chair Exercise Senior Workout Routines.' (2:00-4:00pm)</p>	<p>26.</p> <p>Word Game Wednesday: 'German Cities' Word Search. (10:00-11:00am)</p> <p>Music Therapy: {Halloween Themed} Youtube- '1 Hour; Halloween Mix 2022 - Best Playlist For Halloween Parties and Trick - or - Treating.' (2:00-4:00pm)</p>	<p>27. Reminiscing: October in History Presentation. (10:00-11:00am)</p> <p>Tai Chi. (2:00-4:00pm)</p>	<p>28.</p> <p>Halloween Bingo Night (2:00-4:00pm)</p> 	<p>29. Breakfast in the Backyard. (10:00-11:00am)</p> <p>Bird Watching. (2:00-4:00pm)</p>
<p>30. <u>Sunday Morning Shows:</u> Tubi- 'Name that Tune.' (10:00-11:00am)</p> <p>Hot Cocoa Sunday Social. (2:00-4:00pm)</p> 	<p>31. Halloween Candy Trivia. (10:00-11:00am)</p> <p>Movie Monday: Tubi- 'Coraline.' (2:00-4:00pm)</p>					



NEWSLETTER

October

QUOTE OF THE MONTH:	FUN FACT:
<p>‘Happiness is a form of courage.’ -Holbrook Jackson</p>	<p>October derives its name from Octo, the latin word meaning eight, as October was the eighth month of the old roman calendar.</p>

