Monthly Event Calendar



Shelby York Activities Coordinator shelby@4seasonsseniorliving.com

Seasons SENIOR LIVING

ACTIVITIES FOR APRIL 2022 (3805 Gillespie Dr)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					X	
3 Read the morning paper. 10-11am Ice Cream Sunday Social 2-4pm	4 Color by Number Activity (umbrella) 10-11am Afternoon Snack and Movie 2-4pm	5 Table Talk Topic: 'What is your most beloved childhood memory?' 10-11am 'Bug Craft' 2-4pm	6 Tea time trivia 10-11am Rest and Relax 2-4pm	7 Cut-out Craft 10-11am Table Talk Topic: 'What is your favorite smell?' 2-4pm		9 Browse magazines 10-11am

lo Read the morning paper. lo-llam Ice Cream Sunday Social 2-4pm	II Adult Coloring Club 10-11am Afternoon Snack and Movie	Topic: 'What is your biggest	13 Chair Yoga Exercises 10-11am Easter egg card matching game 2-4pm	14 Cut-out Craft 10-11am Table Talk Topic: 'Would you break the law to save a loved one?' 2-4pm		16 Game shows 10-11am
17 Easter Sunday Commemorate and celebrate the meaning of <u>Easter Sunday.</u>	18 Color by number activity! 10-11am Afternoon Snack and Movie 2-4pm	Topic: 'What made you smile this week?' 10-11am Earth Day Crafting	DAY INSPIRED 10-11am	21 Cut-out Craft 10-11am Table Talk Topic: 'What is one thing you would most like to change about the world?' 2-4pm	22	23 Take a walk outside if weather permits. 10-11am

24 Read the	25 Adult Coloring	26 Table Talk	27 Tea time trivial	28 Cut-out Craft	29 Coffee and	30 Talk Show Tv
morning paper.	Club 10-11am	Topic: 'Is Stealing	(90's) 10-11am	10-11am	Crosswords 10-11am	10-11am
10-11am		to feed a starving				
	Afternoon Snack	child wrong? 10-11am		Table Talk Topic:	Puzzle time!	
Ice Cream Sunday	and Movie 2-4pm		ARE	'Where were you	2-4pm	
Social 2-4pm		Spa Day! 10-11am	mine	born? 2-4pm		
COS.			The state of the s			
V			Exercises for			
			Seniors 2-4pm			