






Activities and Event Calendar (2208 Peachtree Ln.)

Shelby York
Life Enrichment Coordinator
Shelby@4seasonsseniorliving.com

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				<p>1. <i>Film Friday</i> 'Rudy' 2:00pm</p> 	<p>2. Morning <i>Meditation</i> (10:00-11:00am) <i>Book Club:</i> 'The Runaway Train.' (2:00-3:00pm)</p>	<p>3. Sunday Sports 'College Football Today.' (10:00-11:00am) The Sound of Music Word Search. (2:00-3:00pm)</p>
<p>4. </p>	<p>5. Mancala. (10:00-11:00am) Trivia Tuesday. (2:00-3:00pm)</p>	<p>6. <i>Word Game Wednesday</i> 'Labor Day Word Game.' (10:00-11:00am) Whack-A-Mole. (12:30-1:30pm)</p>	<p>7. Jenga. (10:00-11:00am) Old Maid. (2:00-3:00pm)</p>	<p>8. Balloon Volleyball. (10:00-11:00am) Nerf Challenge. (2:00-3:00pm)</p>	<p>9. <u>Coffee and Convo:</u> Table Talk. (10:00-11:00am) Sit and Fit <i>Saturday</i> Relaxing Chair Exercises for Upper Body. (2:00-3:00pm)</p>	<p>10. Read the Paper. (10:00-11:00am) Bird Watching in the Backyard. (2:00-3:00pm) <i>National Assisted Living Week</i></p>
<p>11. Basket Ball Toss. (12:30-1:00pm) German Bingo. (1:00-2:00pm) Music Group: 'Rod Stewart.' (2:00-3:00pm)</p>	<p>12. Qwirkle. (10:00-11:00am) Matching Card Game. (2:00-3:00pm)</p>	<p>13. Bible Study. (10:00-11:00am) Group Exercise. (2:00-3:00pm)</p>	<p>14. <i>Assisted Living Week</i> Snack Station 1:00pm</p> 	<p>15. <i>Game Time</i> Tetris. 2:00pm</p> 	<p>16. Morning <i>Meditation</i> (10:00-11:00am) <i>Book Club:</i> 'The Real Story of Spiderman.' (2:00-3:00pm)</p>	<p>17. Sunday Sports 'Golf Central.' (10:00-11:00am) Classical Music Word Search. (2:00-3:00pm)</p>

		<i>Patio Project</i>	<i>Patio Project</i>		<i>Beginning of Oktoberfest</i>	
<p>18. Chair Yoga. (10:00-11:00am)</p> <p>Music Group: 'Janis Joplin.' (2:00-3:00pm)</p>	<p>19. Lego Therapy. (10:00-11:00am)</p> <p>Trivia Tuesday. (2:00-3:00pm)</p>	<p>20. Word Game Wednesday 'Autumn Word Scramble.' (10:00-11:00am)</p> <p>Paper Airplane Toss. (12:30-1:30pm)</p>	<p>21. Baking Club: <i>Pizza.</i> (11:00am-12:00pm)</p> <p>Uno. (2:00-3:00pm)</p>	<p>22. <i>Bingo</i></p> <p>2:00pm</p> 	<p>23. <u>Coffee and Convo:</u> Table Talk. (10:00-11:00am)</p> <p>Sit and Fit <i>Saturday</i> Relaxing Chair Exercises for Upper Body. (2:00-3:00pm)</p>	<p>24. Browse Magazines. (10:00-11:00am)</p> <p>Afternoon on the Patio. (2:00-3:00pm)</p>
<i>Patio Project</i>	<i>Patio Project</i>				 <p><i>Autumn</i></p>	
<p>25. Breezeball. (12:30-1:00pm)</p> <p>Pictionary. (1:00-2:00pm)</p> <p>Music Group: 'David Bowie.' (2:00-3:00pm)</p>	<p>26. Dominoes. (10:00-11:00am)</p> <p>Matching Card Game. (2:00-3:00pm)</p>	<p>27. Bible Study. (10:00-11:00am)</p> <p>Pick A Box. (12:30-1:30pm)</p>	<p>28. Color by Number: <i>With Magnets.</i> (10:00-11:00am)</p> <p>Farkle. (2:00-3:00pm)</p>	<p>29. <i>Game Time</i> Backgammon.</p> <p>2:00pm</p> 	<p>30. Morning <i>Meditation</i> (10:00-11:00am)</p> <p><i>Book Club:</i> 'Trick or Treat Traditions.' (2:00-3:00pm)</p>	