

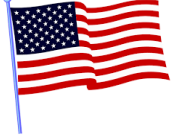

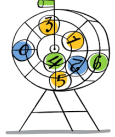




## Activities and Event Calendar (205 Plantation Dr.)

Shelby York  
Life Enrichment Coordinator  
Shelby@4seasonsseniorliving.com

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		<p><b>1. 10:00AM</b> Walking Group.</p> <p><b>2:00PM</b> <i>Word Game Wednesday:</i> Alphabetical Autumn Words.</p>	<p><b>2. 10:00AM</b> Adult Coloring Club.</p> <p><b>1:30PM</b> Gentle Stretches.</p> <p><b>2:00PM</b> Gourd Bowling.</p>	<p><b>3. 2:00PM</b> Spa Day</p> 	<p><b>4. 10:00AM</b> Morning Meditation.</p> <p><b>2:00PM</b> <i>Book Club:</i> 'Legends of the Sea: Famous Sailors.'</p>	<p><b>5. 10:00AM</b> Sunday Shows '<b>Funny You Should Ask.</b>'</p> <p><b>2:00PM</b> Workout Video.</p>
<p><b>6. 10:00AM</b> <i>Music Group:</i> Beethoven.</p> <p><b>2:00PM</b> <i>Poetry Club:</i> Multicultural Poems.</p>	<p><b>7. 10:00AM</b> Go Fish.</p> <p><b>2:00PM</b> <i>Arts &amp; Crafts:</i> Beaded Corn.</p>	<p><b>8. 10:00AM</b> Jigsaw Puzzle.</p> <p><b>2:00PM</b> Bible Study.</p>	<p><b>9. 10:00AM</b> Mega Maze.</p> <p><b>1:30PM</b> 30 Min. Exercise Routine.</p> <p><b>2:00PM</b> Turkey Hunt.</p>	<p><b>10. 2:00PM</b> Game Time Qwirkle</p> 	<p><b>11. 10:00AM</b> Table Talk. (10:00-11:00am )</p> <p><b>2:00PM</b> <i>Trivia:</i> 'Johnny Appleseed Trivia &amp; Quiz.'</p>  <p><i>Veterans Day</i></p>	<p><b>12. 10:00AM</b> Read the Paper.</p> <p><b>2:00PM</b> 'Veterans Day' Word Search.</p>

<p><b>13.</b> <b>10:00AM</b> <i>Music Group:</i> Chopin.</p> <p><b>2:00PM</b> Baking Club.</p>	<p><b>14.</b> <b>10:00AM</b> Uno.</p> <p><b>2:00PM</b> Chair Yoga.</p>	<p><b>15.</b> <b>10:00AM</b> Color by Number: With Magnets.</p> <p><b>2:00PM</b> <i>Word Game Wednesday:</i> 'What's for Supper?' Word Scramble.</p>	<p><b>16.</b> <b>Thanksgiving Dinner 4:30pm</b></p> 	<p><b>17.</b> <b>2:00PM</b> <b>Bingo</b> <i>Thanksgiving</i></p> 	<p><b>18.</b> <b>10:00AM</b> Morning Meditation.</p> <p><b>2:00PM</b> <i>Book Club:</i> 'Road Trip Across Route 66.'</p>	<p><b>19.</b> <b>10:00AM</b> Sunday Shows <b>'The Golden Bachelor'</b></p> <p><b>2:00PM</b> Workout Video.</p>
<p><b>20.</b> <b>10:00AM</b> <i>Music Group:</i> Brahms.</p> <p><b>2:00PM</b> <i>Poetry Club:</i> Silent Thoughts.</p>	<p><b>21.</b> <b>10:00AM</b> Slapjack.</p> <p><b>2:00PM</b> Exercises for Seniors.</p>	<p><b>22.</b> <b>10:00AM</b> Puzzle.</p> <p><b>2:00PM</b> Bible Study.</p>	<p><b>23.</b> <b>10:00AM</b> Connect 4.</p> <p><b>2:00PM</b> Thanksgiving Game</p>  <p><i>Thanksgiving Day</i></p>	<p><b>24.</b> <b>2:00PM</b> <b>Film Friday</b> <i>'Cheyenne Autumn'</i></p> 	<p><b>25.</b> <b>10:00AM</b> Table Talk. (10:00-11:00am )</p> <p><b>2:00PM</b> <i>Trivia:</i> 'World History Quiz.'</p>	<p><b>26.</b> <b>10:00AM</b> Browse Magazines.</p> <p><b>2:00PM</b> 'Train Terms' Word Search.</p>
<p><b>27.</b> <b>10:00AM</b> <i>Music Group:</i> Bach.</p> <p><b>2:00PM</b> Baking Club.</p>	<p><b>28.</b> <b>10:00AM</b> Memory Match.</p> <p><b>2:00PM</b> <i>Arts &amp; Crafts:</i> Paper Bag Scarecrows.</p>	<p><b>29.</b> <b>10:00AM</b> Ball Toss with Staff.</p> <p><b>2:00PM</b> <i>Word Game Wednesday:</i> Finish the Proverbs.</p>	<p><b>30.</b> <b>10:00AM</b> Adult Coloring Club.</p> <p><b>1:30PM</b> Relaxing Chair Exercises for Upper Body.</p> <p><b>2:00PM</b> Porcupine Prediction.</p>			

