



Seasons OCTOBER

Activities and Event Calendar (205 Plantation Dr.)

Shelby York Life Enrichment Coordinator Shelby@4seasonsseniorliving.com

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1. 10:00AM Sunday Shows 'The Price is Right.' 2:00PM Bird Watching in the Backyard.
2. 10:00AM Music Group: Ella Fitzgerald. 2:00PM Poetry Club: 'The Legend of Sleepy Hollow.'	3. 10:00AM Old Maid 2:00PM Pumpkin Putt Putt.	4. 10:00AM Ball Toss with Staff. 2:00PM Bible Study.	5. 10:00AM Jenga. 2:00PM Mega Maze.	6. 2:00PM Bingo	7. 10:00AM Morning Meditation. 2:00PM Book Club: 'Spooky Halloween Poems.'	8. 10:00AM Read the Paper. 2:00PM 'Fall' Word Search.
9. 10:00AM Music Group: Alice Coltrane. 2:00PM Baking Club.	10. 10:00AM Go Fish. 1:30PM Group Exercise. 2:00PM Autumn Tree Painting.	11. 10:00AM Connect 4. 2:00PM Word Game Wednesday Spooky Halloween Crossword.	12. 10:00AM Adult Coloring Club. 2:00PM Candy Corn Bowling.	13. 2:00PM Spa Day	14. 10:00AM Table Talk. (10:00-11:00am) 2:00PM Sit and Fit Saturday Exercises for Seniors.	15. 10:00AM Sunday Shows 'Family Feud.' 2:00PM Afternoon on the Patio.



16. 10:00AM Music Group: Louis Armstrong. 2:00PM Poetry Club: 'The Lottery.'	17. 10:00AM Uno. 2:00PM Witch's Hat Ring Toss.	18. 10:00AM Walking Group. 2:00PM Bible Study.	19. 10:00AM Dominoes. 2:00PM Puzzle.	20. 2:00PM Game Time Candyland	21. 10:00AM Morning Meditation. 2:00PM Book Club: The Rag and Bone Man.	22. 10:00AM Browse Magazines. 2:00PM 'The Book of Genesis' Word Search.
23. 10:00AM Music Group: Stevie Wonder. 2:00PM Baking Club.	24. 10:00AM Matching Card Game. 2:00PM Ghost Blast.	25. 10:00AM Building Blocks. 2:00PM Word Game Wednesday Candy Word Search.	10:00AM Color by Number with Magnets. 2:00PM Spider Web Resist Art.	27. 2:00PM Film Friday 'Hocus Pocus'	28. 10:00AM Table Talk. (10:00-11:00am) 2:00PM Sit and Fit Saturday Tai Chi.	29. 10:00AM Sunday Shows 'America's Got Talent.' 2:00PM Chair Yoga.
30. 10:00AM Music Group: Miles Davis. 2:00PM Poetry Club: 'Tell Tale Heart.'	Fall Fest Pumpkin Painting Party 2:00PM Halloween					