



## Activities and Event Calendar (2200 Peachtree Lane.)

Shelby York Life Enrichment Coordinator Shelby@4seasonsseniorliving.com

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<ol> <li>1.</li> <li>10:00AM Music Group: Bob Dylan.</li> <li>2:00PM Toast to the New Year!</li> <li>New Years Day</li> </ol>	2. 10:00AM Baking Club. 2:00PM Pass & Match.	3. 10:00AM Word Game Wednesday: Elvis Movies. 2:00PM New Year Dice Game.	4. 10:00AM Group Puzzle. 2:00PM Adult Coloring Club.	5. 2:00PM Spa Day Manicures	<ul> <li>6.</li> <li>10:00AM</li> <li>Morning</li> <li>Meditation.</li> <li>2:00PM</li> <li>Book Club:</li> <li>'Climbing Mount</li> <li>Everest.'</li> </ul>	7. 10:00AM Sunday Shows 'Jeopardy.' 2:00PM Workout Video.
8. 10:00AM <i>Music Group:</i> The Jackson 5. 2:00PM Ice Breaker Ball Toss.	9. 10:00AM Magnet Puzzle. 2:00PM Memory Match.	<ul> <li>10.</li> <li>10:00AM</li> <li>Bible Study.</li> <li>1:30PM</li> <li>Gentle Stretches.</li> <li>2:00PM</li> <li>Arts &amp; Crafts:</li> <li>Melted Snowman.</li> </ul>	11. 10:00AM Ubongo. 2:00PM Color by Number: Snowman.	12. 2:00PM Bingo NYE Bingo	13. 10:00AM Table Talk. 2:00PM <i>Trivia</i> MLK Day.	<ul> <li>14.</li> <li>10:00AM</li> <li>Read the Paper.</li> <li>2:00PM</li> <li>Opposites Word</li> <li>Game.</li> </ul>
<ul> <li>15.</li> <li>10:00AM</li> <li>Music Group:</li> <li>The Rolling</li> <li>Stones.</li> <li>2:00PM</li> <li>Snowman Ring</li> <li>Toss.</li> <li>M.L.K Day</li> </ul>	<ul> <li>16.</li> <li>11:00AM</li> <li>Baking Club:</li> <li>Pizza.</li> <li>2:00PM</li> <li>Color &amp; Shape</li> <li>Matching</li> <li>Card Game.</li> </ul>	<ul> <li>17.</li> <li>10:00AM</li> <li>Word Game Wednesday:</li> <li>NFL Football Teams.</li> <li>1:30PM</li> <li>30 Min Exercise</li> <li>Routine.</li> <li>2:00PM</li> <li>Canvas: Handprint</li> <li>Penguin.</li> </ul>	<ul> <li>18.</li> <li>10:00AM</li> <li>Photo Puzzle.</li> <li>2:00PM</li> <li>Adult Coloring</li> <li>Club.</li> </ul>	19. 2:00PM Game Time <i>Connect 4</i>	20. 10:00AM Morning Meditation. 2:00PM Book Club: 'The Disappearance of Mona Lisa.'	21. 10:00AM Sunday Shows 'Family Feud.' 2:00PM Workout Video.

22. 10:00AM Music Group: The Beach Boys. 2:00PM Frozen Pipe Ball.	23. 10:00AM Magnet by Number. 2:00PM Famous Duos Matching Card Game.	24. 10:00AM Bible Study. 1:30PM Relaxing Chair Exercises for Upper Body. 2:00PM Arts & Crafts: Snowflake Window Cling.	25. 10:00AM Mega Maze. 2:00PM Color by Number: Hot Cocoa.	26. 2:00PM Film Friday 'Radio Days'	27. 10:00AM Table Talk. 2:00PM <i>Trivia</i> January Quiz.	28. 10:00AM Browse Magazines. 2:00PM Rebus Quiz Word Game.
29. 10:00AM <i>Music Group:</i> Aretha Franklin. 2:00PM Ice Fishing.	30. 10:00AM Baking Club. 2:00PM Cupcake Memory Match Card Game.	31. 10:00AM Word Game Wednesday: All that Jazz. 1:30PM Chair Yoga. 2:00PM DIY Snowglobes.				*: *: *: appy* */ .ew jear*