

AUGUST

Activities and Event Calendar (9620 Bullcreek Dr.)

Shelby York Life Enrichment Coordinator Shelby@4seasonsseniorliving.com



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1.	2. 10:00AM Browse Magazines. 2:00PM Table Talk.	3. 10:00AM Read the Paper. 2:00PM Workout Video.
4. 10:00AM Ball Toss with Staff. 2:00PM Building Blocks.	5.	6. 10:00AM Morning Meditation. 2:00PM Adult Coloring Club	7. 10:00AM Poetry Club: 'Poems of Gratitude' 2:00PM Manicure Thursday.	8.	9. 10:00AM Morning Meditation. 2:00PM Book Club: 'In a Spin - a True Cat Story'	10. 10:00AM Sunday Shows 'Family Feud.' 2:00PM Dog Lover's Quiz.
11. 10:00AM Aromatherapy. 2:00PM Bible Study.	12. 10:00AM Ball Toss with Staff. 2:00PM Card Game: Matching Card Game.	13.	14.	15.	16. 10:00AM Browse Magazines. 2:00PM Table Talk.	17. 10:00AM Read the Paper. 2:00PM Workout Video.
18. 10:00AM Ball Toss with Staff. 2:00PM Dominoes.	19.	20. 10:00AM Morning Meditation. 2:00PM Adult Coloring Club	21. 10:00AM Poetry Club: 'Poems to Share' 2:00PM Manicure Thursday.	22.	23. 10:00AM Morning Meditation. 2:00PM Book Club: 'Short Story: Cairo the Military Dog'	24. 10:00AM Sunday Shows 'Wheel of Fortune.' 2:00PM Younger or Older than 1985 Quiz.
25. 10:00AM Aromatherapy. 2:00PM Bible Study.	26. 10:00AM Ball Toss with Staff. 2:00PM Group Puzzle.	27.	28.	29.	30. 10:00AM Browse Magazines. 2:00PM Table Talk.	31. 10:00AM Read the Paper. 2:00PM Workout Video.