


Monthly Event Calendar




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 Activities Coordinator
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Activities for January 2023 (2208 Peachtree Lane.)


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1. <u>Sunday Morning Shows:</u> Tubi- 'The Masked Singer.' (10:00-11:00am) Hot Cocoa Sunday Social. (2:00-4:00pm)	2. Put Together PVC Pipes. (10:00-11:00am) Movie Monday: Tubi- 'The 5th Wave.' (2:00-4:00pm)	3. Puzzle Time. (10:00-11:00am) Sit and Fit. (2:00-4:00pm)	4. 'UnDECKing' the Halls (9:00-10:00am) 	5. Music Therapy: Youtube- 'Vintage New Year's Eve Music.' (10:00-11:00am) Tai Chi. (2:00-4:00pm)	6. Who's Got Game? Game Shows. Tubi- '25 Words or Less.' (10:00-11:00am) Dominoes. (2:00-4:00pm)	7. Coffee and Conversation. (10:00-11:00am) <u>Documentary Day:</u> Youtube-'ELVIS: The Rebirth Of The King (2017 BBC Documentary.)' (2:00-4:00pm)

<p>8. <i>Elvis Presley's Birthday</i> Sunday Morning Shows: Youtube- 'Elvis: Return to Tupelo.' (10:00-11:00am)</p> <p>Read the Paper. (2:00-4:00pm)</p>	<p>9. Elvis Memorial: Peanut Butter and Banana Milkshakes. (9:00-10:00am)</p> <p>Movie Monday: Youtube- 'Elvis Presley- Loving You. 1957 Full Length Movie.' (2:00-4:00pm)</p>	<p>10. Shooting Dice. (10:00-11:00am)</p> <p>30 Minute Exercise Routine. (2:00-4:00pm)</p>	<p>11. Food Drive Box Decorating. (9:00-10:00am)</p> <p>Word Game Wednesday: 'Elvis Presley' Word Search. (2:00-4:00pm)</p>	<p>12. Music Therapy: Youtube- 'Elvis Presley Greatest Hits Full Album - The Best Of Elvis Presley Songs.' (10:00-11:00am)</p> <p>Chair Yoga Exercises. (2:00-4:00pm)</p>	<p>13. Who's Got Game? Game Shows. Tubi- 'Hollywood Game Night.' (10:00-11:00am)</p> <p>Chess or Checkers. (2:00-4:00pm)</p> 	<p>14. Morning Meditation: Youtube- 'Daily Calm 10 Minute Mindfulness Meditation Impermanence.' (10:00-11:00am)</p> <p>Browse Magazines. (2:00-4:00pm)</p>
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<p>15. <u>Sunday Morning Shows:</u> Tubi- 'Deal or No Deal.' (10:00-11:00am)</p> <p>Read the Paper. (2:00-4:00pm)</p>	<p>16. MARTIN LUTHER KING DAY MLK MEMORIAL: Youtube- 'I Have a Dream speech by Martin Luther King .Jr HD.' (10:00-11:00am)</p> <p>Movie Monday: Youtube- 'Martin Luther King- The Fight for Civil Rights Documentary.' (2:00-4:00pm)</p>  <p>Beginning of Food Drive to Benefit the North Texas Food Bank.</p>	<p>17. Name the Car: Logos Quiz. (10:00-11:00am)</p> <p>My Bonnie Chair Exercise Fun. (2:00-4:00pm)</p>	<p>18. Lanterns for Chinese New Year. (9:00-10:00am)</p>  <p>Western Wednesday: Tubi- 'Big Jake.' (2:00-4:00pm)</p>	<p>19. Music Therapy: Youtube- 'Songs of Freedom- Songs of Protest' Playlist. (10:00-11:00am)</p> <p>Gentle Stretches. (2:00-4:00pm)</p>	<p>20. Who's Got Game? Game Shows. Tubi- 'Mental Samurai.' (10:00-11:00am)</p> <p>Bingo. (2:00-4:00pm)</p>	<p>21. Morning News: Tubi Live- 'CBC News.' (10:00-11:00am)</p> <p>Documentary Day: Tubi- 'Confessions of a Time Traveler: The Man from 3036.' (2:00-4:00pm)</p>
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<p>22. <u>Sunday Morning Shows:</u> Tubi- 'Million Dollar Money Drop.' (10:00-11:00am)</p> <p>Chinese Zodiac Memory Game. (2:00-4:00pm)</p> <p>Chinese New Year</p>	<p>23. Travel Guide: Smoky Mountains, Tennessee. (9:00-10:00am)</p> <p>Movie Monday: Tubi- 'Like Mike.' (2:00-4:00pm)</p>	<p>24. Matching Card Game. (10:00-11:00am)</p> <p>Move with Music. (2:00-4:00pm)</p>	<p>25. Mens Club: Woodworking. (9:00-10:00am)</p> <p>Word Game Wednesday: 'Chinese New Year' Word Finder. (2:00-4:00pm)</p>	<p>26. Music Therapy: Youtube- 'The Best of Mozart.' (10:00-11:00am)</p> <p>Exercises for Seniors. (2:00-4:00pm)</p>	<p>27. <i>Mozart's Birthday</i> <i>Documentary:</i> Youtube- 'Amadeus Mozart Documentary.' (2:00-4:00pm)</p> 	<p>28. Morning Meditation: Youtube- 'Daily Calm 10 Minute Mindfulness Meditation Impermanence.' (10:00-11:00am)</p> <p>Browse Magazines. (2:00-4:00pm)</p>
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<p>29. <u>Sunday Morning Shows:</u> Tubi- 'Fear Factor.' (10:00-11:00am)</p> <p>Read the Paper. (2:00-4:00pm)</p>	<p>30. Sensory Rain Sticks. (10:00-11:00am)</p> <p>Movie Monday: Tubi- 'The Taxi.' (2:00-4:00pm)</p> <p>End of Food Drive to Benefit the North Texas Food Bank.</p>	<p>31. Red or Black: Card Game. (10:00-11:00am)</p> <p>Ball Toss with Staff. (2:00-4:00pm)</p>				
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NEWSLETTER

January

QUOTE OF THE MONTH:

'CELEBRATE ENDINGS- FOR THEY PRECEDE NEW BEGINNINGS.'
-JONATHAN LOCKWOOD HUE

FUN FACT:

JANUARY IS KNOWN TO BE THE COLDEST MONTH IN THE NORTHERN HEMISPHERE AND THE WARMEST IN THE SOUTHERN HEMISPHERE.

