

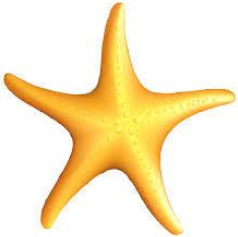

Monthly Event Calendar





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Activities for June 2023 (1724 Milestone Ridge.)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1. Adult Coloring Club. (10:00-11:00am) Go Fish! (2:00-3:00pm)	2. <i>Spa Day</i> Manicures (2:00-3:00pm) 	3. <i>Coffee and Conversation</i> Table Talk 'What are you most proud of?' (10:00-11:00am) <i>Sensory Saturday</i> Play-Doh. (2:00-3:00pm)

<p>4. <u>Sunday Morning Shows:</u></p> <p>Youtube TV- 'The Masked Singer.' (10:00-11:00am)</p> <p>Browse Magazines. (2:00-3:00pm)</p>	<p>5. Chair Yoga in Sunroom. (10:00-10:30am)</p> <p>Armchair Travel: Summer in Chicago. (10:30-11:30am)</p> <p>Music Group: Youtube- 'Ray Charles.' (2:00-3:00pm)</p>	<p>6. <u>Trivia Tuesday</u> Odd Word Out Quiz. (10:00-11:00am)</p> <p>Yahtzee. (2:00-3:00pm)</p>	<p>7. Ball Toss with Staff. (10:00-10:30am)</p> <p>'Splash Down!' (10:30-11:30am)</p> <p>Bible Study: <i>Women's Group.</i> (2:00-3:00pm)</p>	<p>8. <u>Baking Club</u> Sugar Cookies. (10:00-11:00am)</p> <p>Memory Card Game. (2:00-3:00pm)</p>	<p>9.</p> <p><i>Game Night</i> Qwirkle (2:00-3:00pm)</p> 	<p>10. Morning Meditation Youtube- '1 Hour Guided Meditation for Inner Peace and Calm/Mindful Movement.' (10:00-11:00am)</p> <p>Maze Collection: Easy. (2:00-3:00pm)</p>
<p>11. <u>Sunday Morning Shows:</u></p> <p>Youtube TV- 'The Young and the Restless.' (10:00-11:00am)</p> <p>Devotional. (2:00-3:00pm)</p>	<p>12. Meditation Monday: Gentle Stretches. (10:00-10:30am)</p> <p>DIY Chinese Hand Fans. (10:30-11:30am)</p> <p>Music Group: Youtube- 'The Beatles.' (2:00-3:00pm)</p>	<p>13. <u>Poetry Club</u> 'My Grandma's House' Poems. (10:00-11:00am)</p> <p>Tic Tac Toe: Board Game. (2:00-3:00pm)</p>	<p>14. Gardening Club. (10:00-10:30am)</p> <p>Arts & Crafts: Watermelon Garland. (10:30-11:30am)</p> <p>Word Game Wednesday 'Picnic Checklist' Word Scramble. (2:00-3:00pm)</p>	<p>15. Adult Coloring Club. (10:00-11:00am)</p> <p>Lucky Dog Card Game. (2:00-3:00pm)</p>	<p>16.</p> <p><i>Movie Night</i> Youtube TV- 'Pretty Woman.' (2:00-4:00pm)</p> 	<p>17. <i>Coffee and Conversation</i> Table Talk 'How do you think the world has changed since you were my age?' (10:00-11:00am)</p> <p>Sensory Saturday Rainbow Sensory 1:1. (2:00-3:00pm)</p>



<p>18. <u>Sunday Morning Shows:</u></p> <p>Youtube TV- 'Americas Got Talent.' (10:00-11:00am)</p> <p>Read the Paper. (2:00-3:00pm)</p> <p>Fathers Day</p>	<p>19. Bird Watching in the Backyard. (10:00-11:00am)</p> <p>Music Group: Youtube- 'The Jackson 5.' (2:00-3:00pm)</p>	<p>20. <u>Trivia Tuesday</u> Trivia with Exercise. (10:00-11:00am)</p> <p>Jenga. (2:00-3:00pm)</p>	<p>21.</p> <p>Cruise The Seas 12:30pm</p> <p> RELIANT AT HOME™ <small>Home Health • Hospice • Caregivers • Rehab</small></p> <p>ReSkin MEDICAL</p> <p></p>	<p>22. <u>Baking Club</u> Homemade Pizza. (11:00am-12:00pm)</p> <p>Matching Card Game. (2:00-3:00pm)</p>	<p>23.</p> <p><i>Bingo Night</i> (2:00-3:00pm)</p> <p></p>	<p>24. Morning Meditation Youtube- '1 Hour ASMR Guided Meditation For Anxiety & Healing.' (10:00-11:00am)</p> <p>Puzzle Time. (2:00-3:00pm)</p>
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<p>25. <u>Sunday Morning Shows:</u></p> <p>Youtube TV- 'The Bold and the Beautiful.' (10:00-11:00am)</p> <p>Ice Cream Sunday Social. (2:00-3:00pm)</p>	<p>26.</p> <p>Chair-Robics: Pilates. (10:00-10:30am)</p> <p>Sponge Paint: Peacock. (10:30-11:30am)</p> <p>Music Group: Youtube- 'Sonny & Cher.' (2:00-3:00pm)</p>	<p>27. <u>Poetry Club</u></p> <p>'When Great Trees Fall.' (10:00-11:00am)</p> <p>Photo Puzzle Race. (2:00-3:00pm)</p>	<p>28.</p> <p><i>Dog Days Of Summer</i></p> <p><i>pet therapy</i></p> <p>1:30PM</p>  <p>VITAS Healthcare</p>	<p>29. Adult Coloring Club. (10:00-11:00am)</p> <p>Uno! (2:00-3:00pm)</p>	<p>30.</p> <p><i>Movie Night</i></p> <p>Youtube TV- 'Aquaman.' (2:00-4:00pm)</p> 	
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NEWSLETTER

June

QUOTE OF THE MONTH:

'June is the Gateway to Summer.'
-Jean Nersey

FUN FACT:

- June is the month with the longest daylight hours of the year in the Northern Hemisphere, and conversely, June has the shortest daylight hours of the year in the Southern Hemisphere.
- June's birthstone is the pearl, the Moonstone and the Alexandrite.
- The June birth flower is the Rose and the Honeysuckle.

