




Monthly Event Calendar












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Activities for February 2023 (9620 Bullcreek Dr.)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	BLACK HISTORY MONTH		1. Spa Day Manicures. (2:00-4:00pm)	2.  <i>Groundhog Day</i>	3. Music Therapy Youtube- 'SVA Relax Music'  The Most Calming Music You'll Ever Hear! (2:00-4:00pm)	4. 

<p>5.</p> 	<p>6.</p> 	<p>7.</p> <p>Talk Show TV Tuesday. Youtube- 'The View.' (2:00-4:00pm)</p>	<p>8.</p> 	<p>9.</p> <p>Meditation Youtube- 'Positive Aura Cleanse, 432 Hz, Positive Energy Vibration, Cleanse Negative Energy, Deep Meditation.' (2:00-4:00pm)</p> <p>Pizza Day</p>	<p>10.</p> 	<p>11.</p> 
<p>12.</p>  <p>Lincoln's Birthday/ Superbowl Sunday</p>	<p>13.</p> <p>Movie Monday: Tubi- 'Jack Frost.' (2:00-4:00pm)</p> <p>World Radio Day</p>	<p>14.</p> <p><i>Valentines Day</i></p> 	<p>15.</p> <p>Spa Day Hand Massages. (2:00-4:00pm)</p>	<p>16.</p> 	<p>17.</p> <p>Music Therapy Youtube- 'Winter Day Jazz Music Relaxing Smooth Jazz Music with Snowy Day and Cozy House by The Lake.' (2:00-4:00pm)</p>	<p>18.</p> 



<p>19.</p> 	<p>20.</p>  <p><i>Presidents Day</i></p>	<p>21.</p> <p>Browse Magazines (2:00-4:00pm)</p>	<p>22.</p>  <p><i>Washington's Birthday/ Ash Wednesday</i></p>	<p>23.</p> <p>Read Aloud: Short Stories- 'A Pair of Silk Stockings' By Kate Chopin. (2:00-4:00pm)</p> <p><i>Tennis Day</i></p>	<p>24.</p> 	<p>25.</p> 
<p>26.</p> 	<p>27.</p> <p><u>Movie Monday:</u> Tubi- 'The Pink Panther.' (2:00-4:00pm)</p>	<p>28.</p> 				



NEWSLETTER

February

QUOTE OF THE MONTH:	FUN FACT:
<p>'IF JANUARY IS THE MONTH OF CHANGE, FEBRUARY IS THE MONTH OF LASTING CHANGE. JANUARY IS FOR DREAMERS, FEBRUARY IS FOR DOERS.' -MARC PARENT</p>	<p>FEBRUARY IS THE SHORTEST MONTH OF THE YEAR.</p>

