

APRIL

Activities and Event Calendar (3805 Gillespie Dr.)

Shelby York Life Enrichment Coordinator Shelby@4seasonsseniorliving.com



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1. 10:00AM Poetry Club: Funny Poems by Roald Dahl. 2:00PM Music Group: Ben E. King.	2. 10:00AM Twister Penny Toss. 2:00PM Bible Study.	3. 10:00AM Card Game: Slapjack. 2:00PM Word Game Wednesday: Dog Breeds Word Search.	4. 10:00AM Relaxing Chair Exercises for Upper Body. 10:30AM Legume Mosaics. 2:00PM Tetris.	5. 2:00PM Film Friday 'Sweet Home Alabama.'	6. 10:00AM Morning Meditation. 2:00PM Book Club: 'Cairo the Military Dog.'	7. 10:00AM Sunday Shows 'Jeopardy.' 2:00PM Workout Video.
8. 10:00AM Baking Club. 2:00PM Music Group: The Temptations.	9. 10:00AM Ping-Pong Can Toss. 2:00PM Color by Number with Magnets.	10. 10:00AM Card Game: Go Fish. 2:00PM Word Game Wednesday: Pet or Not Word Search.	11. 10:00AM Gentle Stretches. 10:30AM DIY Windchime. 2:00PM Adult Coloring Club.	12. 2:00PM Bingo Dog Bingo	13. 10:00AM Table Talk. 2:00PM Trivia Guide Dog Trivia.	14. 10:00AM Read the Paper. 2:00PM Canine Superstars Quiz.
15. 10:00AM Poetry Club: Poems about Horses. 2:00PM Music Group: Rod Stewart.	16. 10:00AM Hungry Hungry Hippo. 2:00PM Bible Study.	17. 10:00AM Card Game: Matching. 2:00PM Word Game Wednesday: Literary Word Search.	18. 10:00AM 30 Min. Exercise Routine. 10:30AM Gardening Club: Plant Herb Starters. 2:00PM Qwirkle.	19. 2:00PM Spa Day Manicures	20. 10:00AM Morning Meditation. 2:00PM Book Club: 'Stella and Bunny, the Talking Dogs.'	21. 10:00AM Sunday Shows 'Family Feud.' 2:00PM Workout Video.



22. 10:00AM Baking Club. 2:00PM Music Group: The Jackson 5.	23. 10:00AM Indoor Mini Golf. 2:00PM Mega Maze.	24. 10:00AM Card Game: Uno. 2:00PM Word Game Wednesday: Poetry Word Search.	25. 10:00AM Ball Toss. 10:30AM Homemade Dog Treats for Lewisville Animal Shelter. 2:00PM Adult Coloring Club.	26. 2:00PM Game Time Candyland.	27. 10:00AM Table Talk. 2:00PM Trivia Famous Poets Trivia.	28. 10:00AM Read the Paper. 2:00PM Best Selling Books Quiz.
29. 10:00AM Poetry Club: A Heartfelt Poem on Love & Dementia. 2:00PM Music Group: Paul Anka.	30. 10:00AM No Air Hockey. 2:00PM Bible Study.					