

Monthly Event Calendar




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Activities Coordinator
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Activities for October 2022 (1724 Milestone Ridge.)


| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| | | | | | | 1. Coffee and Crosswords. (10:00-11:00am) Browse Magazines. (2:00-4:00pm) |

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| <p>2. <u>Sunday Morning Shows:</u> Tubi- 'Cash Cab.' (10:00-11:00am)</p> <p>Read the Paper. (2:00-4:00pm)</p> | <p>3. Movie Monday: Youtube- 'Scary Godmother: Halloween Spooktacular.' (10:00-11:00am)</p> <p>Scrapbooking Club. (2:00-4:00pm)</p> | <p>4. Talk Show TV Tuesday. (10:00-11:00am)</p> <p>Table Talk Topic: 'As a child, what did you want to be when you grew up?' (12:30-1:30pm)</p> <p>Chair Yoga Exercises. (2:00-4:00pm)</p> | <p>5. Word Game Wednesday: 'Chocolate' Word Search. (10:00-11:00am)</p> <p>Paint Splat Witches Cauldron. (2:00-4:00pm)</p> | <p>6. Music Therapy: Youtube- 'Helen Forrest.' (10:00-11:00am)</p> <p>Table Talk Topic: 'Are you a morning or night person?' (12:30-1:30pm)</p> <p>Ball Toss with Staff. (2:00-4:00pm)</p> | <p>7. Spa Day (1:00-3:00pm)</p>  | <p>8. Morning on the Porch. (10:00-11:00am)</p> <p>Matching Card Game. (2:00-4:00pm)</p> |
| <p>9. <u>Sunday Morning Shows:</u> Tubi- 'Deal or no Deal.' (10:00-11:00am)</p> <p>Read the Paper. (2:00-4:00pm)</p> | <p>10. Movie Monday: Youtube- 'Scary Godmother: Revenge of Jimmy.' (10:00-11:00am)</p> <p>Mummy Mason Jar Luminaries. (2:00-4:00pm)</p> | <p>11. Red or Black: Card Game. (10:00-11:00am)</p> <p>Table Talk Topic: "What is the weirdest food you have ever eaten?" (12:30-1:30pm)</p> <p>Balloon Volleyball. (2:00-4:00pm)</p> | <p>12. Word Game Wednesday: 'Halloween' Word Game. (10:00-11:00am)</p> <p>Armchair Travel: Japan. (2:00-4:00pm)</p> | <p>13. Music Therapy: Youtube- 'Dick Haymes.' (10:00-11:00am)</p> <p>Table Talk Topic: "What is the most adventurous thing you have ever done?" (12:30-1:30pm)</p> <p>Exercises for Seniors. (2:00-4:00pm)</p> | <p>14. Who's Got Game? Game Shows. Youtube- 'Common Knowledge.' (10:00-11:00am)</p> <p>'Toss Around' Game. (2:00-4:00pm)</p> | <p>15. Coffee and Conversation. (10:00-11:00am)</p> <p>Walking Group. (2:00-4:00pm)</p> |




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| <p>16. <u>Sunday Morning Shows:</u> Tubi- 'You Bet Your Life.' (10:00-11:00am)</p> <p>Read the Paper. (2:00-4:00pm)</p> | <p>17. Movie Monday: Youtube- 'Casper: A Spirited Beginning (1997) Full Movie.' (10:00-11:00am)</p> <p>Frankenstein Craft. (2:00-4:00pm)</p> | <p>18. Trivia Tuesday. (10:00-11:00am)</p> <p>Table Talk Topic: 'If you could bring back any fashion trend, what would it be?' (12:30-1:30pm)</p> <p>Gentle Stretches. (2:00-4:00pm)</p> | <p>19. Word Game Wednesday: 'Words that Start with O' Word Finder. (10:00-11:00am)</p> <p>Bowling. (2:00-4:00pm)</p> | <p>20. Music Therapy: Youtube- 'Soft Piano Music for Music Therapy Session. Music Therapy for Dementia Patients. Calming Piano Music.' (10:00-11:00am)</p> <p>Table Talk Topic: 'Who is someone you really admire?' (12:30-1:30pm)</p> <p>Move with Music. (2:00-4:00pm)</p> | <p>21. Halloween Bingo Night (2:00-4:00pm)</p>  | <p>22. Morning News. (10:00-11:00am)</p> <p>Jigsaw Puzzle. (2:00-4:00pm)</p> |
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| <p>23. <u>Sunday Morning Shows:</u> Tubi- 'Wipeout.' (10:00-11:00am)</p> <p>Read the Paper. (2:00-4:00pm)</p> | <p>24. Movie Monday: Tubi- 'Casper and Wendy.' (10:00-11:00am)</p> <p>Oktoberfest Celebration. (2:00-4:00pm)</p> | <p>25. Pablo Picasso Birthday Adult Coloring Club: Art Appreciation of Pablo Picasso. (10:00-11:00am)</p> <p>Table Talk Topic: 'Did you celebrate Halloween? If so, what were some of your family traditions?' (12:30-1:30pm)</p> <p><u>Youtube Exercise:</u> '20 Min Exercise for Seniors, Elderly, & Older People - Seated Chair Exercise Senior Workout Routines.' (2:00-4:00pm)</p> | <p>26.</p> <p>Word Game Wednesday: 'German Cities' Word Search. (10:00-11:00am)</p> <p>Competition: Pumpkin Decorating. (2:00-4:00pm)</p> | <p>27. Music Therapy: {Halloween Themed} Youtube- '1 Hour; Halloween Mix 2022 - Best Playlist For Halloween Parties and Trick - or - Treating.' (10:00-11:00am)</p> <p>Table Talk Topic: 'Do you believe in extraterrestrial life on other planets?' (12:30-1:30pm)</p> <p>Tai Chi. (2:00-4:00pm)</p> | <p>28.</p> <p>Halloween Movie Night 5:30pm</p>  | <p>29. Breakfast in the Backyard. (10:00-11:00am)</p> <p>Bird Watching. (2:00-4:00pm)</p> |
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| <p>30. <u>Sunday Morning Shows:</u> Tubi- 'Name that Tune.' (10:00-11:00am)</p> <p>Hot Cocoa Sunday Social. (2:00-4:00pm)</p>  | <p>31. Halloween Movie Monday: Tubi- 'Coraline.' (10:00-11:00am)</p> <p>Bat Silhouette Craft. (2:00-4:00pm)</p> | | | | | |
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NEWSLETTER

October

| QUOTE OF THE MONTH: | FUN FACT: |
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| <p>‘Happiness is a form of courage.’ -Holbrook Jackson</p> | <p>October derives its name from Octo, the latin word meaning eight, as October was the eighth month of the old roman calendar.</p> |

