



## Activities and Event Calendar (3805 Gillespie Dr.)

Shelby York Life Enrichment Coordinator Shelby@4seasonsseniorliving.com

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<ol> <li>1. 10:00AM Music Group: Bob Dylan.</li> <li>2:00PM Toast to the New Year!</li> <li>New Years Day</li> </ol>	2. 10:00AM Matching Card Game. 2:00PM Baking Club.	3. 10:00AM Word Game Wednesday: Elvis Movies. 2:00PM Jigsaw Puzzle.	4. 10:00AM Cooking Club: Homemade Gnocchi. 2:00PM Adult Coloring Club.	5. 2:00PM Spa Day Manicures	6. 10:00AM Morning Meditation. 2:00PM Book Club: 'Climbing Mount Everest.' Epiphany	7. 10:00AM Sunday Shows 'Jeopardy.' 2:00PM Workout Video.
8. 10:00AM <i>Music Group:</i> The Jackson 5. 2:00PM Poetry Club: Not a Hero.	9. 10:00AM Ice Breaker Ball Toss. 2:00PM Uno.	<ul> <li>10.</li> <li>10:00AM</li> <li>Bible Study.</li> <li>2:00PM</li> <li>Tetris.</li> </ul>	11. 10:00AM Gentle Stretches. 10:30AM Arts & Crafts: Melted Snowman. 2:00PM Color by Number: Snowman.	12. 2:00PM Bingo NYE Bingo	13. 10:00AM Table Talk. 2:00PM <i>Trivia</i> MLK Day.	<ul> <li>14.</li> <li>10:00AM</li> <li>Read the Paper.</li> <li>2:00PM</li> <li>Opposites Word</li> <li>Game.</li> </ul>
<ul> <li><b>15.</b></li> <li><b>11:00AM</b></li> <li>Baking Club:</li> <li>Pizza.</li> <li><b>2:00PM</b></li> <li><i>Music Group:</i></li> <li>The Rolling</li> <li>Stones.</li> <li><i>M.L.K Day</i></li> </ul>	<ul> <li>16.</li> <li>10:00AM</li> <li>Snowman</li> <li>Ring Toss.</li> <li>2:00PM</li> <li>Color &amp; Shape</li> <li>Matching</li> <li>Card Game.</li> </ul>	<ul> <li>17.</li> <li>10:00AM</li> <li>Word Game Wednesday:</li> <li>NFL Football Teams.</li> <li>2:00PM</li> <li>Group Puzzle.</li> </ul>	<ul> <li>18.</li> <li>10:00AM</li> <li>30 Min Exercise</li> <li>Routine.</li> <li>10:30AM</li> <li>Canvas:</li> <li>Handprint</li> <li>Penguin.</li> <li>2:00PM</li> <li>Adult Coloring</li> <li>Club.</li> </ul>	19. 2:00PM Game Time Sorry!	20. 10:00AM Morning Meditation. 2:00PM Book Club: 'The Disappearance of Mona Lisa.'	21. 10:00AM Sunday Shows 'Family Feud.' 2:00PM Workout Video.

22. 10:00AM Music Group: The Beach Boys. 2:00PM Poetry Club: The Way Through the Woods.	23. 10:00AM Frozen Pipe Ball. 2:00PM Go Fish.	24. 10:00AM Bible Study. 2:00PM Qwirkle.	25. 10:00AM Relaxing Chair Exercises for Upper Body. 10:30AM Arts & Crafts: Snowflake Window Cling. 2:00PM Color by Number: Hot Cocoa.	26. 2:00PM Film Friday 'Radio Days' MULL might	27. 10:00AM Table Talk. 2:00PM <i>Trivia</i> January Quiz.	28. 10:00AM Browse Magazines. 2:00PM Rebus Quiz Word Game.
29. 10:00AM <i>Music Group:</i> Aretha Franklin. 2:00PM Baking Club.	<ul> <li>30.</li> <li>10:00AM</li> <li>Ice Fishing.</li> <li>2:00PM</li> <li>Famous Duos</li> <li>Matching</li> <li>Card Game.</li> </ul>	31. 10:00AM Word Game Wednesday: All that Jazz. 2:00PM Photo Puzzle.				(*:) (*:) (*:) (*) (*) (*) (*) (*) (*) (*) (*) (*) (*