



Seasons OCTOBER

Activities and Event Calendar (3805 Gillespie Dr.)

Shelby York Life Enrichment Coordinator Shelby@4seasonsseniorliving.com

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1. 10:00AM Sunday Shows 'The Price is Right.' 2:00PM Bird Watching in the Backyard.
2. 10:00AM Music Group: Ella Fitzgerald. 2:00PM Poetry Club: 'The Legend of Sleepy Hollow.'	3. 10:00AM Pumpkin Putt Putt. 2:00PM Matching Card Game.	4. 10:00AM Ball Toss with Staff. 2:00PM Bible Study.	5. 10:00AM Dominoes. 2:00PM Puzzle.	6. 10:00AM Bingo	7. 10:00AM Morning Meditation. 2:00PM Book Club: 'Spooky Halloween Poems.'	8. 10:00AM Read the Paper. 2:00PM 'Fall' Word Search.
9. 10:00AM Music Group: Alice Coltrane. 2:00PM Baking Club.	10. 10:00AM Group Exercise. 10:30AM Autumn Tree Painting. 2:00PM Uno.	11. 10:00AM Building Blocks. 2:00PM Word Game Wednesday Spooky Halloween Crossword.	12. 10:00AM Candy Corn Bowling. 2:00PM Adult Coloring Club.	13. 10:00AM Spa Day	14. 10:00AM Table Talk. (10:00-11:00am) 2:00PM Sit and Fit Saturday Exercises for Seniors.	15. 10:00AM Sunday Shows 'Family Feud.' 2:00PM Afternoon on the Patio.



16. 10:00AM Music Group: Louis Armstrong. 2:00PM Poetry Club: 'The Lottery.'	17. 10:00AM Witch's Hat Ring Toss. 2:00PM Go Fish.	18. 10:00AM Walking Group. 2:00PM Bible Study.	19. 10:00AM Jenga. 2:00PM Mega Maze.	20. 10:00AM Game Time Farkle	21. 10:00AM Morning Meditation. 2:00PM Book Club: The Rag and Bone Man.	22. 10:00AM Browse Magazines. 2:00PM 'The Book of Genesis' Word Search.
23. 10:00AM Music Group: Stevie Wonder. 2:00PM Baking Club.	24. 10:00AM Ghost Blast. 2:00PM Old Maid.	25. 10:00AM Connect 4. 2:00PM Word Game Wednesday Candy Word Search.	26 10:00AM Spider Web Resist Art. 2:00PM Color by Number with Magnets.	27. 10:00AM Film Friday 'Hocus Pocus'	28. 10:00AM Table Talk. (10:00-11:00am) 2:00PM Sit and Fit Saturday Tai Chi.	29. 10:00AM Sunday Shows 'America's Got Talent.' 2:00PM Chair Yoga.
30. 10:00AM Music Group: Miles Davis. 2:00PM Poetry Club: 'Tell Tale Heart.'	31. Fall Fest Pumpkin Painting Party (10:00AM) Halloween					