



Activities and Event Calendar (205 Plantation Dr.)

Shelby York Life Enrichment Coordinator Shelby@4seasonsseniorliving.com

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
 1. 10:00AM Music Group: Bob Dylan. 2:00PM Toast to the New Year! New Years Day 	2. 10:00AM Color & Shape Matching Card Game. 2:00PM Baking Club.	3. 10:00AM Word Game Wednesday: Elvis Movies. 2:00PM Photo Puzzle.	4. 10:00AM Adult Coloring Club. 2:00PM Cooking Club: Homemade Gnocchi.	5. 2:00PM Spa Day Manicures	6. 10:00AM Morning Meditation. 2:00PM Book Club: 'Climbing Mount Everest.' Epiphany	7. 10:00AM Sunday Shows 'Jeopardy.' 2:00PM Workout Video.
8. 10:00AM <i>Music Group:</i> The Jackson 5. 2:00PM Poetry Club: Not a Hero.	9. 10:00AM Go Fish. 2:00PM Ice Breaker Ball Toss.	10. 10:00AM Bible Study. 2:00PM Qwirkle.	 11. 10:00AM Color by Number: Snowman. 1:30PM Gentle Stretches. 2:00PM Arts & Crafts: Melted Snowman. 	12. 2:00PM Bingo NYE Bingo	13. 10:00AM Table Talk. 2:00PM <i>Trivia</i> MLK Day.	 14. 10:00AM Read the Paper. 2:00PM Opposites Word Game.
 15. 11:00AM Baking Club: Pizza. 2:00PM <i>Music Group:</i> The Rolling Stones. 	 16. 10:00AM Famous Duos Matching Card Game. 2:00PM Snowman Ring Toss. 	 17. 10:00AM Word Game Wednesday: NFL Football Teams. 2:00PM Group Puzzle. 	 18. 10:00AM Adult Coloring Club. 1:30PM 30 Min Exercise Routine. 2:00PM Canvas: Handprint Penguin. 	19. 2:00PM Game Time Hungry, Hungry Hippos	20. 10:00AM Morning Meditation. 2:00PM Book Club: 'The Disappearance of Mona Lisa.'	21. 10:00AM Sunday Shows 'Family Feud.' 2:00PM Workout Video.

22. 10:00AM Music Group: The Beach Boys. 2:00PM Poetry Club: The Way Through the Woods.	23. 10:00AM Uno. 2:00PM Frozen Pipe Ball.	24. 10:00AM Bible Study. 2:00PM Tetris.	25. 10:00AM Color by Number: Hot Cocoa. 1:30PM Relaxing Chair Exercises for Upper Body. 2:00PM Arts & Crafts: Snowflake Window Cling.	26. 2:00PM Film Friday 'Radio Days'	27. 10:00AM Table Talk. 2:00PM <i>Trivia</i> January Quiz.	28. 10:00AM Browse Magazines. 2:00PM Rebus Quiz Word Game.
29. 10:00AM <i>Music Group:</i> Aretha Franklin. 2:00PM Baking Club.	30. 10:00AM Matching Card Game. 2:00PM Ice Fishing.	31. 10:00AM Word Game Wednesday: All that Jazz. 2:00PM Jigsaw Puzzle.				(*;) (*;) (*) (*) (*) (*) (*) (*) (*) (*) (*) (*