

Activities and Event Calendar (1724 Milestone Ridge.)

Shelby York Life Enrichment Coordinator Shelby @4 seasons senior living. com

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1. 10:00AM Music Group: Bob Dylan. 2:00PM Toast to the New Year! New Years Day	2. 10:00AM Baking Club. 2:00PM Cupcake Memory Match Card Game.	3. 10:00AM New Year Dice Game. 2:00PM Word Game Wednesday: Elvis Movies.	4. 10:00AM Photo Puzzle. 2:00PM Adult Coloring Club.	5. 2:00PM Spa Day Manicures	6. 10:00AM Morning Meditation. 2:00PM Book Club: 'Climbing Mount Everest.' Epiphany	7. 10:00AM Sunday Shows 'Jeopardy.' 2:00PM Workout Video.
8. 10:00AM Ice Breaker Ball Toss. 2:00PM Music Group: The Jackson 5.	9. 10:00AM Magnet by Number. 2:00PM Famous Duos Matching Card Game.	10. 10:00AM Gentle Stretches. 10:30AM Arts & Crafts: Melted Snowman. 2:00PM Bible Study.	11. 10:00AM Mega Maze. 2:00PM Color by Number: Snowman.	12. 2:00PM Bingo NYE Bingo	13. 10:00AM Table Talk. 2:00PM Trivia MLK Day.	14. 10:00AM Read the Paper. 2:00PM Opposites Word Game.
15. 10:00AM Snowman Ring Toss. 2:00PM Music Group: The Rolling Stones. M.L.K Day	16. 11:00AM Baking Club: Pizza. 2:00PM Color & Shape Matching Card Game.	17. 10:00AM 30 Min Exercise Routine. 10:30AM Canvas: Handprint Penguin. 2:00PM Word Game Wednesday: NFL Football Teams.	18. 10:00AM Group Puzzle. 2:00PM Adult Coloring Club.	19. 2:00PM Game Time Candy Land	20. 10:00AM Morning Meditation. 2:00PM Book Club: "The Disappearance of Mona Lisa.'	21. 10:00AM Sunday Shows 'Family Feud.' 2:00PM Workout Video.

22. 10:00AM Frozen Pipe Ball. 2:00PM Music Group: The Beach Boys.	23. 10:00AM Magnet Puzzle. 2:00PM Memory Match.	24. 10:00AM Relaxing Chair Exercises for Upper Body. 10:30AM Arts & Crafts: Snowflake Window Cling. 2:00PM Bible Study.	25. 10:00AM Ubongo. 2:00PM Color by Number: Hot Cocoa.	2:00PM Film Friday 'Radio Days'	27. 10:00AM Table Talk. 2:00PM Trivia January Quiz.	28. 10:00AM Browse Magazines. 2:00PM Rebus Quiz Word Game.
29. 10:00AM Ice Fishing. 2:00PM Music Group: Aretha Franklin.	30. 10:00AM Baking Club. 2:00PM Pass & Match.	31. 10:00AM Chair Yoga. 10:30AM DIY Snowglobes. 2:00PM Word Game Wednesday: All that Jazz.				appy* */ lew lear*