

## Activities and Event Calendar (2208 Peachtree Lane.)

Shelby York Life Enrichment Coordinator Shelby @4 seasons senior living. com

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1. 10:00AM Music Group: Bob Dylan. 2:00PM Toast to the New Year!  New Years Day	2. 10:00AM Dominoes. 2:00PM Name the Aircraft Quiz.	3. 10:00AM Word Game Wednesday: Elvis Movies. 2:00PM New Year Dice Game.	4. 10:00AM Farkle. 2:00PM Red or Black: Card Game.	5.  2:00PM Game Time Battleship	6. 10:00AM Morning Meditation.  2:00PM Book Club: 'Climbing Mount Everest.'  Epiphany	7. 10:00AM Sunday Shows 'Jeopardy.' 2:00PM Workout Video.
8. 10:00AM Music Group: The Jackson 5.  12:30PM Ice Breaker Ball Toss.	9. 10:00AM Poetry Club: Not a Hero. 2:00PM Lego Therapy.	10. 10:00AM Men's Bible Study.  12:30PM Gentle Stretches.  1:00PM Woodworking Club.	11. 10:00AM Cover the Number Dice Game. 2:00PM Group Puzzle.	12. 2:00PM Bingo NYE Bingo	13. 10:00AM Table Talk. 2:00PM Trivia MLK Day.	14. 10:00AM Read the Paper. 2:00PM Opposites Word Game.
15. 10:00AM Music Group: The Rolling Stones. 12:30PM Snowman Ring Toss.	16. 11:00AM Baking Club: Pizza.  2:00PM Chess, Checkers, and Chinese Checkers.	17. 10:00AM Word Game Wednesday: NFL Football Teams.  12:30PM 30 Min Exercise Routine.  1:00PM Influential Figures Reminiscing.	18. 10:00AM Mancala. 2:00PM Sequence Card Game.	19. 2:00PM Game Time Family 10 Game Set	20. 10:00AM Morning Meditation.  2:00PM Book Club: 'The Disappearance of Mona Lisa.'	21. 10:00AM Sunday Shows 'Family Feud.' 2:00PM Workout Video.

22. 10:00AM Music Group: The Beach Boys.  12:30PM Frozen Pipe Ball.	23. 10:00AM Poetry Club: The Way Through the Woods.  2:00PM Play-Doh Therapy.	24. 10:00AM Men's Bible Study.  12:30PM Relaxing Chair Exercises for Upper Body.  1:00PM Score Four.	25. 10:00AM No Sixes Dice Game. 2:00PM Jigsaw Puzzle.	26.  2:00PM Film Friday 'Radio Days'	27. 10:00AM Table Talk. 2:00PM Trivia January Quiz.	28. 10:00AM Browse Magazines.  2:00PM Rebus Quiz Word Game.
29. 10:00AM Music Group: Aretha Franklin.  12:30PM Ice Fishing.	30. 10:00AM Jenga. 2:00PM Name the Vehicle.	31. 10:00AM Word Game Wednesday: All that Jazz.  12:30PM Chair Yoga.  1:00PM Pictionary.				appy*  */ lew lear*