




# MARCH



## Activities and Event Calendar (3805 Gillespie Dr.)

Shelby York  
 Life Enrichment Coordinator  
 Shelby@4seasonsseniorliving.com



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1. <b>2:00PM</b> <b>Film Friday</b> <i>'The Blue Bird'</i> 	2. <b>10:00AM</b> Morning Meditation.  <b>2:00PM</b> <i>Book Club:</i> 'March Poems and Verses.'	3. <b>10:00AM</b> Sunday Shows <b>'The Price is Right'</b>  <b>2:00PM</b> Workout Video.
4. <b>10:00AM</b> Ball Toss with Staff.  <b>2:00PM</b> <i>Music Group:</i> Buddy Holly.	5. <b>10:00AM</b> <i>Baking Club:</i> Lemon Flower Tarts.  <b>2:00PM</b> <i>Card Game:</i> Matching.	6. <b>10:00AM</b> Photo Puzzle.  <b>2:00PM</b> <i>Word Game Wednesday:</i> Spring Word Scramble.	7. <b>10:00AM</b> <i>International Women's Day Celebration.</i>  <b>10:30AM</b> <i>Cookie Cutter Birdseed.</i>  <b>2:00PM</b> Bible Study.	8. <b>2:00PM</b> <b>Spa Day</b> <i>Manicures</i>   <i>International Women's Day</i>	9. <b>10:00AM</b> Table Talk.  <b>2:00PM</b> <i>Trivia</i> Lucky Charms and Superstition.	10. <b>10:00AM</b> Read the Paper.  <b>2:00PM</b> Spring Visual Quiz.
11. <b>10:00AM</b> <i>Poetry Club:</i> Poems for St. Patrick's Day.  <b>2:00PM</b> <i>Music Group:</i> Elvis Presley.	12. <b>10:00AM</b> <i>Rainbow Coin Flip.</i>  <b>2:00PM</b> <i>Card Game:</i> Memory.	13. <b>9:30AM</b> <i>Shamrock Shakes for St. PATTIES Day.</i>  <b>2:00PM</b> <i>Word Game Wednesday:</i> St. Patrick's Day Anagram.	14. <b>10:00AM</b> St. Patrick's Day Dice Game.  <b>2:00PM</b> Adult Coloring Club.	15. <b>2:00PM</b> <b>Bingo</b> <i>Flower Bingo</i> 	16. <b>10:00AM</b> Morning Meditation.  <b>2:00PM</b> <i>Book Club:</i> 'Limericks to Share.'	17. <b>10:00AM</b> Sunday Shows <b>'Wheel of Fortune'</b>  <b>2:00PM</b> Chair Yoga.  <i>St. Patrick's Day</i>



<p><b>18.</b> <b>10:00AM</b> Baking Club.</p> <p><b>2:00PM</b> <i>Music Group:</i> Fats Domino.</p>	<p><b>19.</b> <b>10:00AM</b> Spring Bingo.</p> <p><b>2:00PM</b> <i>Card Game:</i> Slapjack.</p>	<p><b>20.</b> <b>10:00AM</b> Group Puzzle.</p> <p><b>2:00PM</b> <i>Word Game Wednesday:</i> Nature Walk Word Search.</p> <p><i>Spring</i></p>	<p><b>21.</b> <b>10:00AM</b> Noodle Ball.</p> <p><b>10:30AM</b> <i>Gardening Club:</i> Herb Starters.</p> <p><b>2:00PM</b> Bible Study.</p>	<p><b>22.</b> <b>2:00PM</b> Game Time Scrabble</p> 	<p><b>23.</b> <b>10:00AM</b> Table Talk.</p> <p><b>2:00PM</b> <i>Trivia</i> Weather.</p>	<p><b>24.</b> <b>10:00AM</b> Read the Paper.</p> <p><b>2:00PM</b> Easter Quiz.</p>
<p><b>25.</b> <b>10:00AM</b> Poetry Club: <i>30 Easter Ideas, Songs, and Poems.</i></p> <p><b>2:00PM</b> <i>Music Group:</i> Little Richard.</p>	<p><b>26.</b> <b>10:00AM</b> Bunny Bowling.</p> <p><b>2:00PM</b> <i>Card Game:</i> Uno.</p>	<p><b>27.</b> <b>10:00AM</b> Color by Number: Magnets.</p> <p><b>2:00PM</b> <i>Word Game Wednesday:</i> Spring Cleaning Word Search.</p>	<p><b>28.</b> <b>10:00AM</b> Squeeze Ball Exercise.</p> <p><b>10:30AM</b> Dye Easter Eggs.</p> <p><b>2:00PM</b> Adult Coloring Club.</p>	<p><b>29.</b> <b>2:00PM</b> Film Friday <i>'Hidden Figures'</i></p> 	<p><b>30.</b> <b>10:00AM</b> Morning Meditation.</p> <p><b>2:00PM</b> <i>Book Club:</i> 'Beatitudes For Friends of the Aged.'</p>	<p><b>31.</b> <b>10:00AM</b> Sunday Shows 'Family Feud.'</p> <p><b>2:00PM</b> Workout Video.</p> <p><i>Easter</i></p>